Shapes

Nothing quite beats the satisfaction of a good workout. Now, with selected Bank Alfalah Card, you can avail up to 7 free visits to Shapes every month.

Shapes promises you a life changing experience with their superior services in providing you up-to date training in a relaxed and motivating environment. So accomplish your fitness targets with a wide range of facilities, including:

- Executive gym
- Ladies and Gents gym
- Sauna
- Pool
- Jacuzzi
- Squash, Badminton and Table Tennis courts
- Kids Gym

You can enjoy above mentioned facilities by simply presenting your Bank Alfalah Card at shapes designated outlet.

Eligible Card List and Promotion

Card Variant	No. of Free Visits* (in a month) Spend Criteria	
Alfalah Visa Platinum Credit Card		
Alfalah Visa Signature Debit Card	5 free visits	PKR 50,000
Alfalah Visa Islamic Signature Debit Card		
Alfalah Power Pack Islamic Signature Debit Card		
Alfalah MasterCard Optimus Credit Card		
Alfalah American Express Gold Credit Card		
Alfalah Premium Platinum Credit Card		
Alfalah Visa Premier Signature Debit Card	7 free visits	No spending required
Alfalah Visa Premier Islamic Signature Debit Card		

^{*}Any extra visits will be charged as per latest schedule of charges

Important Terms and Conditions

- 1. Shapes promotion is valid on select Bank Alfalah Credit or Debit Cards as mentioned in the grid above
- 2. Customers can enjoy free visits in each calendar month upon spending certain amount on respective card.
- 3. Free visits not availed in a particular month will not be carried forward
- 4. The calendar month is taken into account when counting visits instead of the billing statement month
- 5. Offer is valid for both basic and supplementary card. However, both card types shall meet their own spending criteria
- 6. Promotion is only for card holders. Children/guest are not allowed.
- 7. For any excess visits in each month, customer will be charged 1500 PKR + FED /visit
- 8. Customers' card will be charged for PKR 1 at the time of visit

Designated Outlets

Lahore:

- 50 E-1, Gulberg III Tel: (042) 111 742 737 Fax: (042) 35752205
- 275/1-G, DHA Phase V Tel: (042) 37089742-44
- 5th Floor, Pace, Model Town Link Road Tel: (042) 35222382-83

Karachi:

• 139 McNeil Road, Cantt. Tel: (021) 111 742 737 Fax: (021) 35655974